

Person Centred Support Planning For People with Dementia



Getting together to

Ensure the plans we make are:

In Partnership with the Person & Family

Are Relevant

And specific, to that person



For People diagnosed with Dementia, it is essential the care & support they receive is focused around them. Enabling them to be as independent as possible and remain in control of decisions that affect their life.

The North East Lincolnshire Dementia Forum together with partner agencies and families have joined together to develop Person Centred Support Planning for People with Dementia in North East Lincolnshire

[my life](#) is a series of planning tools that can be used to develop meaningful plans that outline the person and family's wishes.

Any plan developed must ensure, that the person along with their family are consulted at all times.

It is the Person & Care - giver who know best



my life will help you find out things like:

Who you are - your personality, how you interact:
what you bring to the World?

What is essential to you, and what must be in place
–for you to lead a life specific to you?

What is important and special to you and your
family?



And identify

What everyone needs to do in order to support and enable you to live your life the way you choose? The plan will enable uniform / individualised care, by all care providers.

My Life Tools:



my life - work book

This Work book can be offered to people (as a choice) at significant times or when they approach information points: e.g. following diagnosis, seeking general inquires ECT

The work book can enable people (& support agencies to work together if the person wishes), to plan for the here and now and build up for the future.

my life - support plan

This Support Plan outlines the care and support needed & personal information required to deliver personalised care in a care setting. A Support Plan once completed can be added to and changed: to reflect present and future needs.

Oliver Smith - An example of a my life Support Plan

my life - one page profile – quick look profile

my life - for when I am in hospital

Can be used by Care & Support staff when supporting someone in Hospital



People's lives change

my life - Review - Paper work to hold a review of my life Support Plan

The Support Plan and the person, rely on those caring for them to review the plan, and ensure their lives are fulfilled, and that supporting - services reflect the present needs of the person.

You can find these tools at: www.sayingitall.com





If you are over the age of 16 and would like to know more about “[my life](#) Support Planning”

or

You are looking for general information regarding dementia

Please contact:



The Alzheimer’s Society on

01652 608474

or email

adminnlincs@alzheimers.org.uk

For local Carers support / queries contact

A3 Team: 01472 256 256

